

Preparations for Adult Patients

If patient is: a) a child, b) diabetic, c) suspected of having a bowel obstruction, or d) some other special problem, consult your physician or radiologist for any changes in the preparations below. Please call with any questions or concerns pertaining to the preparations.

Nuclear Medicine

Treadmill Stress/Myoview Stress Test

This test looks at the vessels surrounding your heart to make sure they are receiving adequate blood flow. The test takes approximately 3 hours. You should have nothing to eat or drink for 4 hours prior to your appointment time. If you are diabetic, you may have a light breakfast 2 hours prior to test consisting of toast, oatmeal or cereal and juice. No caffeine 12 hours prior to test. No smoking the day of test. Wear comfortable clothing and shoes to walk on the treadmill. Bring reading material as there are times when we need to wait for the injection to circulate. We will be placing an IV access line in a vein of your arm to give you 2 injections of a small amount of a radioactive material called a tracer. This is not a dye and does not contain iodine. There are no side effects or reactions to this injection. It will not interfere with any medications you are taking. We prefer that you do not take beta-blocker medication the day of your test; however, please consult your physician before discontinuing any medications.

Persantine Stress Test

**** Please call 248-569-0296 for preparatory instructions ****

I-123 Thyroid Uptake and Scan (2 day test)

- a. No seafood or cough medicine 2 days prior to examination
- b. Nothing to eat for 2 hours prior to the examination.
- c. Stop all thyroid medication 1 month prior to the examination.
Please consult physician.
- d. No iodine contrast procedures for 6 weeks prior to exam

Tc99m Thyroid Scan

- a. No thyroid medication for 4 weeks. Please consult physician
- b. No Iodine contrast procedures for 6 weeks prior to exam.

HIDA (Gallbladder)

- a. Nothing by mouth 4 hours before examination
- b. No Smoking or Gum Chewing

Gallium Scan

To complete test, you will be returning to our facility for at least 4 consecutive days.

MUGA

No preparation necessary (45 minute examination)

Renogram/Renal Scan

No preparation necessary (30 minute examination)

Bone Scan

No preparation necessary (3-4 hour examination)

Brain Scan

No preparation necessary (1-2 hour examination)

Liver/Spleen Scan

No preparation necessary (1 hour examination)

Testicular Scan

No preparation necessary (30 minute examination)